Western And Traditional Medicine Use Practices In Shirati

This work details more than 210 medicinal plants. The majority are found throughout the Southwest, others have a wider western range, and then some are found country wide. Each profile discusses the plants identification, distribution, chemistry, medicinal and edible uses, and cautions. More than 250 color photos and 80 paintings further enhance the informations usefulness. Well researched, practical, and pertinent, this work serves as a resource for those who are interested in finding medicine from the land. Original.

Comparing the medical systems of China, India, and the west (both mainstream and alternative), Alternative Medicine maps the transmission of medical expertise from one culture to another and lays bare the roots of today's distinctions between alternative, complementary, and orthodox medicine.

A leading authority explains the ideas and practice of Chinese medicine from its beginnings in antiquity to today. Paul U. Unschuld describes medicine's close connection with culture and politics throughout Chinese history. He brings together texts, techniques, and worldviews to understand changing Chinese attitudes toward healing and the significance of traditional Chinese medicine in both China and the Western world. Unschuld reveals the emergence of a Chinese medical tradition built around a new understanding of the human being, considering beliefs in the influence of cosmology, numerology, and the supernatural on the health of the living. He describes the variety of therapeutic approaches in Chinese culture, the history of pharmacology and techniques such as acupuncture, and the global exchange of medical knowledge. Insights are offered into the twentieth-century decline of traditional medicine, as military defeats caused reformers and revolutionaries to import medical knowledge as part of the construction of a new China. Unschuld also recounts the reception of traditional Chinese medicine in the West since the 1970s, where it is often considered an alternative to Western medicine at the same time as China seeks to incorporate elements of its medical traditions into a scientific framework. This concise and compelling introduction to medical thought and history suggests that Chinese medicine is also a guide to Chinese civilization.

An in-depth investigation of traditional European folk medicine and the healing arts of witches • Explores the outlawed “alternative” medicine of witches suppressed by the state and the Church and how these plants can be used today • Reveals that female shamanic medicine can be found in cultures all over the world • Illustrated with color and black-and-white art reproductions dating back to the 16th century Witch medicine is wild medicine. It does more than make one healthy, it creates lust and knowledge, ecstasy and mythological insight. In Witchcraft Medicine the authors take the reader on a journey that examines the women who mix the potions and become the healers; the legacy of Hecate; the demonization of nature’s healing powers and sensuousness; the sorceress as shaman; and the plants associated with witches and devils. They explore important seasonal festivals and the plants associated with them, such as wolf’s claw and calendula as herbs of the solstice and alder as an herb of the time of the dead--Samhain or Halloween. They also look at the history of forbidden medicine from the Inquisition to current drug laws, with an eye toward how the sacred plants of our forebears can be used once again.

The authoritative and comprehensive modern textbook on western herbal medicine - now in its second edition This long-awaited second edition of Principles and Practice of Phytotherapy covers all major aspects of herbal medicine from fundamental concepts, traditional use and scientific research through to safety, effective dosage and clinical applications. Written by herbal practitioners with active experience in clinical practice, education, manufacturing and research, the textbook is both practical and evidence based. The focus, always, is on the
importance of tailoring the treatment to the individual case. New insights are given into the herbal management of approximately 100 modern ailments, including some of the most challenging medical conditions, such as asthma, inflammatory bowel disease and other complex autoimmune and inflammatory conditions, and there is vibrant discussion around the contribution of phytotherapy in general to modern health issues, including health ageing. Fully referenced throughout, with more than 10,000 citations, the book is a core resource for students and practitioners of phytotherapy and naturopathy and will be of value to all healthcare professionals - pharmacists, doctors, nurses - with an interest in herbal therapeutics. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart.

This unique book provides a comprehensive picture of the vivid kaleidoscope of traditional medicine in Asia presented by 34 eminent authors from 15 countries belonging to the different systems like Ayurveda and Chinese Traditional Medicine. Important emerging areas such as harmonization of the traditional systems with modern medicine and the growing role of these systems in the health care structure of countries are also dealt with. Legislation and regulation of these systems and practitioners, an area of growing concern, the need for good preclinical toxicology studies and scientific clinical evaluation of the products and medicinal plants used for therapy are exhaustingly dealt with. The vital issue of protection of traditional systems of medicine and patenting of medicinal plants is discussed in detail. The book is replete with suggestions, and ideas aimed at making traditional systems more effectively, and more widely used for health care. The book also covers the prevailing situation regarding the use and other aspects of traditional medicine in the 10 Member countries of the South-East Asia Region of the World Health Organization.

An eloquent and engaging account of the use of herbal medicine from prehistoric times to the present. Newly revised to include the latest developments in the field of herbal medicine, this classic bestseller presents a fascinating account of the ideas that have shaped the course of medicine and pharmacology in the Western world.

This full-color text and practical clinical reference provides comprehensive information on herbal remedies for both large and small animal species. Key coverage includes clinical uses of medicinal plants, specific information on how to formulate herbal remedies, a systems-based review of plant-based medicine, and in-depth information on the different animal species--dog, cat, avian and exotic, equine, food animal, and poultry.

This strategy was prepared to guide national governments in the Western Pacific Region, WHO and other partners in the efforts to ensure the proper use of traditional medicine and its contribution to maintaining health and fighting diseases in the Region. It has identified strategic directions and actions which provide general principles and guidance for countries and areas to use in responding to the challenges which they may face with consideration of the unique situation in each country and area. Traditional Chinese Medicine has played an important role in the treatment of COVID-19 in China. As the first batch of national Chinese medicine team in China, the authors shared their experience of treating severe COVID-19 cases with TCM at Jinyintan
Hospital in Wuhan, the epicenter of the outbreak in China. Twenty severe cases have been selected and reported in this book. The medical history, inspection results and treatment rationales have been described in detail, adequately illustrated with color pictures of the tongues. The book is organized as follows: The etiology and pathogenesis from TCM perspectives are comprehensively discussed in the introduction. Part I includes various theories of different experts. Part II presents reports of the clinical cases one by one.

A foundational textbook on the scientific principles of therapeutic herbalism and their application in medicine • A complete handbook for the medical practitioner • Includes the most up-to-date information on preparations, dosage, and contraindications • By the author of The Complete Illustrated Holistic Herbal Medical Herbalism contains comprehensive information concerning the identification and use of medicinal plants by chemical structure and physiological effect, the art and science of making herbal medicine, the limitations and potential of viewing herbs chemically, and the challenge to current research paradigms posed by complex plant medicines. It also includes information on toxicology and contraindications, the issues involved in determining dosage and formulation types for an individual, guides to the different measurement systems and conversion tables, and the pros and cons of both industrial and traditional techniques. With additional sections devoted to the principles of green medicine, the history of Western Herbalism, the variety of other medical modalities using medicinal plants, an extensive resource directory, and a discussion of treatments organized by body system, Medical Herbalism is the comprehensive textbook all students and practitioners of clinical herbalism need to develop their healing practices.

This book represents a new and hopeful paradigm for treatment of diseases that are spreading globally as countries adopt Western lifestyles and standards of living. It describes the phenomenal science and clinical efficacy of the work of Dr Xiu-Min Li across a broad array of immune and inflammatory diseases. These include food allergies, asthma, eczema, "new" diseases such as mast cell disorders, obesity, and mental health problems that are part of a worldwide "epidemic of progress". The most allergic people are caught in a cycle of medication, steroid dependency, emergency hospitalization, and curtailing their activities and diets to avoid triggers. Children are "losing their childhoods." They are fighting a battle against diet, climate change, and environmental degradation. Dr Li offers them hope by healing the entire immune system, not just address symptoms. In her practice Dr Li treats complex combinations of allergic diseases for all ages, from infancy through adulthood, bringing relief to people who have suffered terribly from oozing, bleeding skin, desperate breathing disorders, and life-threatening food allergies. She uses her vast knowledge of biochemistry to improve on the traditional decoctions to create refined versions suitable for modern tastes and lifestyles. In contrast with Western pharmaceuticals, which are the study of "one molecule's effects on one other molecule" Dr Li's work shows the effects of multiple molecules on multiple other molecules. Increasing numbers of scientists are beginning to see the possibilities for their own research, with the prospects for more collaborations with prestigious institutions around the world.

http://allergyblogawardsuk.co.uk/5-managing-asthma-allergies-with-henry-erlich/ Contents: About the AuthorsAcknowledgmentsNotes on the TextForeword (Dr Renata J M Engler)Introduction (Dr Xiu-Min Li)Food Allergy
The Practice of Traditional Western Herbalism places the function of western herbs in their true historical context, apart from homeopathy, traditional Chinese medicine, and Ayurveda. Recently there has been a revival of interest in western herbalism, but practitioners haven’t been able to explore its benefits due to a void of information on the topic—the system of medicine the herbs fit into had all but disappeared. To remedy the situation, herbalist Matthew Wood has researched the old-time practices and reconstructed them for modern use. In resuscitating western herbal medicine and bringing it up to date, he gives his readers a powerful tool for holistic theory and treatment. Wood makes the point that plant medicines, because they are made from a broad range of chemical components, are naturally suited for the treatment of general patterns in the body. He argues against the biomedical model of standardization, in which herbs are refined and advertised as if they were drugs suited to an exact disease or condition.

Based on careful analysis of burden of disease and the costs of interventions, this second edition of 'Disease Control Priorities in Developing Countries, 2nd edition' highlights achievable priorities; measures progress toward providing efficient, equitable care; promotes cost-effective interventions to targeted populations; and encourages integrated efforts to optimize health. Nearly 500 experts - scientists, epidemiologists, health economists, academics, and public health practitioners - from around the world contributed to the data sources and methodologies, and identified challenges and priorities, resulting in this integrated, comprehensive reference volume on the state of health in developing countries.

Modern medicine has reached a point where the patient is not treated as a biopsychosocial-spiritual being but rather is seen as a virtual identity consisting of laboratory findings and images. More focus is placed on relieving the symptoms instead of curing the disease. Mostly, patients are turned into lifetime medication-dependent individuals. New medicines are needed to overcome the side effects, complications, resistance, and intolerance caused by pharmacological and interventional therapies. In hopes of drug-free and painless alternative treatments with fewer complications, there has been a trend to revisit traditional methods that have been dismissed by modern medicine. Traditional medicine has to be reevaluated with modern scientific methods to complement and integrate with evidence-based modern medicine.

The pharmacopoeias of most African countries are available and contain an impressive number of medicinal plants used for various therapeutic purposes. Many African scholars have distinguished themselves in the fields of organic chemistry, pharmacology, and pharmacognosy and other areas related to the study of plant medicinal plants. However, until now, there is no global standard book on the nature and specificity of chemicals isolated in African medicinal plants, as well as
a book bringing together and discussing the main bioactive metabolites of these plants. This book explores the essence of natural substances from African medicinal plants and their pharmacological potential. In light of possible academic use, this book also scans the bulk of African medicinal plants extract having promising pharmacological activities. The book contains data of biologically active plants of Africa, plant occurring compounds and synthesis pathways of secondary metabolites. This book explores the essence of natural substances from African medicinal plants and their pharmacological potential. The authors are world renowned African Scientists.

This book synthesises and elaborates on all the extant information on the Western Healing Tradition and from the author’s own herbal practice. It has charts, diagrams, tables and cross-references to enable the interested practitioner to incorporate the Western Herbal Tradition into their practice. It shows how using planetary energies and the wheel of the year deepens our understanding of the action of medicinal plants on the body and establishes the practitioner within their environment, allowing them to use planetary energies to determine the peak times to harvest and use herbal remedies and to locate health and sickness within the holistic paradigm of Western Traditional Herbal Medicine. For ease of use, the book is divided into two sections. The first details the philosophical framework within which traditional western herbalists can operate; looking at the four humours, and seven planets and the use of the diagnostic tool of the decumbiture chart. The work is so organised that the humoral system can be used without astrology, should that be the preference. The second part covers the practical application of the philosophy, how to collect, make and administer herbal remedies according to the planetary days and hours and the decumbiture chart. Examples of decumbiture charts are included to show how the philosophy is used in practice. Lastly, a materia medica of common herbs is also included.

Traditional Chinese medicine has been used for thousands of years by a large population. It is currently still serving many of the health needs of the Chinese people; and still enjoying their confidence it is practised in China in parallel with modern Western medical treatment. In addition to scientific organisations dedicated to modern Western medicine, e.g. the Chinese Academy of Medical Sciences and various medical schools, a series of parallel institutions have been established in China to promote traditional Chinese medicine, such as the Academy of Traditional Chinese Medicine and training institutions. Almost all hospitals in China have a department of traditional medicine. Furthermore, a large number of scientific journals are dedicated to traditional Chinese medicine, covering both experimental and clinical investigations. Medicinal materials constitute a key topic in the treatment of disease according to traditional Chinese medicine. The Chinese Pharmacopoeia (1985 edition) is therefore divided into two separate volumes, Volume I containing traditional Chinese medicinal materials and preparations and Volume II containing pharmaceuticals of Western medicine. The oldest Chinese review of medicinal materials, Shennong Bencao Jing (100-200 A. D.), covered 365 herbal drugs. The clas sic
compilation in this field, Bencao Gangmu (Compendium of Materia Medica), was published in 1578 by Li Shi-zhen and recorded as many as 1898 crude drugs of plant, animal and mineral origin.

Traditional and Western Medicine: Voices from Jamaican Psychiatric Patients is for anyone interested in broadening their perspective on alternative treatment models, particularly the use of traditional methods alongside Western biomedical techniques. Caryl James Bateman critiques the tensions that exist between conventional approaches in psychiatric treatment and highlights how these may interfere with patients’ views, especially those patients who have endemic beliefs in spiritual influences on health and traditional cures and rituals, often originating from African teachings. Through the stories of six former patients who, despite receiving Western biomedical treatment, conceptualize their illness using a traditional viewpoint, James Bateman empowers the patients to tell their own stories of their personal journeys and share their lived experiences of mental illness, giving the reader a rare first-hand account of what lies beyond the label of a psychiatric diagnosis.

Disease Control Priorities in Developing Countries

The first book to exclusively use Chinese medical theories and terminology to guide practitioners of Chinese medicine in the use of Western herbs • Written entirely according to the theory, diagnosis, and treatment paradigm of traditional Chinese medicine (TCM) • Explains how to combine and modify the standard TCM formulas to non-Chinese herbs suitable for Western practitioners • Includes 58 monographs of common Western healing herbs, detailing how each plant is used clinically The ever-growing number of Chinese medicine practitioners in the West has brought about an amalgamation of many styles of Chinese medicine and various other forms of medicine from around the world. This book addresses the increasing demand for knowledge of how to integrate plants from outside the standard Chinese materia medica into the fold of Chinese medical practices in the West. It is the first in-depth guide to using Western herbs exclusively according to the theories, diagnoses, and treatments of traditional Chinese medicine that harmonizes the unique terminology and theories of TCM with other botanical medicines. The book contains 58 monographs, illustrated with full-color photographs, of herbs commonly used by Western herbalists. Each herb is grouped by the basic categorization for medicinals in Chinese medicine, such as Herbs that Resolve the Exterior and Herbs that Regulate Blood. The monographs detail the energetics, function and indication, channels entered, dosage and preparation, and contraindications of each plant. The author also explains how to use the herbs to modify standard formulas used in everyday Chinese herbal medicine, based on his own clinical experience. An appendix of Western Analogs for Chinese Herbs further highlights 40 Chinese medicinals that have related species growing in the West.

This book presents a systematic review on traditional Arab herbal medicine including historical background, medical
innovations introduced by Arab physicians, common roots of Arab medicine and western medicine, methodology of drug discovery and therapy in Arabic and Islamic medicine, a state-of-the-art description of traditional Arab herbal medicine, and evidence-based safety and efficacy of Arab and Islamic medicines. The usage of modern cell biological, biochemical, in vitro and in vivo techniques for the evaluation of medicinal plant safety and efficacy is also discussed. The toxicity of herbal formulations safety, quality assurances, and chemical analytical techniques are introduced in this book.

A treaties on using plants from outside the standard Chinese materia medica within the Chinese medical paradigm. This book first discusses some historical information, then introduces a method to integrate new plants into Chinese medicine, and finishes with a materia medica covering some of the most common plants used in Western herbal medicine. This is a continuation of the author's first book, Western Herbs According to Traditional Chinese Medicine.

This book has been prepared in an effort to address the pressing need for a common language, i.e. international standard terminology and technical terms to be used in traditional medicine. The number of commonly used terms in traditional medicine is estimated to be more than 4000, most of which are included in this book, which is designed for use by students and clinical practitioners and researchers in the Western Pacific Region. This terminology will also be useful to assist Member States in the region in developing evidence-based clinical practice guidelines on traditional medicine.

The best of Eastern and Western medicine in an integrative healing system for the mind, body, and spirit. Now, for the first time, a Western physician and a doctor of Oriental medicine combine the unparalleled technological advances of the West with the unmatched wisdom and healing touch Chinese herbal medicine provides for many diseases and conditions that elude modern medicine. Ancient Herbs, Modern Medicine demonstrates the many important, highly effective ways Chinese medicine and Western medicine can complement each other in treating everything from allergies and insomnia to mental illness and cancer. This accessible, comprehensive guide offers many informative and enlightening case studies and up-to-the-minute information on: • How integrative medicine combines the best of Western pharmacology and Eastern herbology • How integrative medicine helps fight the diseases and illnesses of our time, including allergies, asthma, and chronic fatigue syndrome, and eases and even reverses symptoms of arthritis, diabetes, depression, osteoporosis, AIDS, heart disease, and cancer--often without side effects • How Chinese medicine can help you recognize signs before an illness becomes a crisis • The importance of Western techniques in diagnosing serious diseases • Why Chinese medicine offers the most effective treatment for many chronic/recurrent illnesses • Restoring essential balance to the Five Energetic Systems--the Heart, Lung, Spleen, Liver, and Kidney Energies • The Eight Strategies of Herbal Therapy--how herbs work in your body Plus illuminating discussions of the basic principles of Chinese medicine, as well as food remedy recipes, diagrams, glossaries of medical terms and herbs, resource listings,
and much more to help you tailor an integrative health regimen that is right for you.
The Western Herbal Tradition provides a comprehensive and critical exploration of the use of plant medicines through 2000 years of history from Dioscorides to the present day. It follows each of the 27 herbs through a wide range of key sources from European, Arabic and American traditions including Greek, Roman and Renaissance texts. A rich discussion of the historical texts is balanced with current application and research. The herbs have been selected on the basis of common use by practising herbalists. Each illustrated monograph contains: Species, identification and botanical description A study of the characterisation and medicinal use of the plants consistently drawn from featured herbals which includes the authors’ own translations from the Latin Assessment of past and current texts in the transmission of herbal knowledge Consideration of traditional therapeutics, including humoral and physiomedical approaches Suggestions towards a modern experiential approach through Goethean methodology Current evidence on pharmacological constituents Review of evidence on safety Recommendations for internal and external uses, prescribing and dosage Excellent illustrations accompany each monograph to aid learning First book to cover broader historical perspective and discussions of issues surrounding each herb Written by leading experts who are well known in the field Includes some monographs of which there is little material already available The bibliographic evidence provided could support applications for registration of Herbal Medicinal Products under the provisions of the Traditional Herbal Medicinal Product Directive An excellent valuable resource for everyone interested in herbal medicine Integrative Medicine seamlessly blends Eastern and Western medical traditions into an informative and readable resource. Author, Kathleen Phelan brings her skills as an investigative reporter and her experience as a medical writer to bear in a tour de force-part history, part story, part resource- for any reader seriously interested in his or her own well-being and in the future of medicine and medical treatment in this country Once considered "alternative; Eastern medicine has gained widespread acceptance by the general public, but it is the blending (or integration) of Eastern healing with Western medicine that is now commanding the attention of the medical community. Dating the birth of integrative medicine to 1971, when James Reston brought the concept of acupuncture and Chinese herbs to America’s shores, Phelan traces a movement that's grown into a $15 billion dollar industry in a generation. Through interviews with Eastern and Western practitioners and their clients, she puts a human face on the "crisis" of medical care in our time. With extensive detail, she recounts the history of both Eastern and Western medicine, presenting the best-and sometimes exposing the myths-of both ancient cures and current high-tech methods.
The Medicinal Formula of the Western Medicine Tradition is a comprehensive text for the student or practitioner of Traditional or Herbal Medicine. It contains many of the most used Herbal Formula of the Western Herbal Tradition over
the past 2000 years. Each formula contains ingredients with proportions, way of preparation, dose and uses. It has been compiled over years of research and sourced from some of the most respected writers and texts of the Western Medicine Traditional. It also contains an introduction to Galenic pharmacy, pharmacology and Humoral Medicine, as well as ample appendices including glossaries, lists of substitute medicines and a list of diseases with the formulas used in their treatment. This text has been written to inspire Western Practitioners, Herbalists and Naturopaths to study and use Western Traditional Formulas, resources for which are greatly required. It is a great stand-alone text to study and incorporate Western Formulas into your clinic. It is also a great complimentary text to medicinetraditions.com. The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. Herbal Medicine: Biomolecular and Clinical Aspects focuses on presenting current scientific evidence of biomolecular ef A Compendium of Essays on Alternative Therapy is aimed at both conventional and alternate therapy practitioners, besides serving as an educational tool for students and lay persons on the progress made in the field. While this resource is not all-inclusive, it does reflect the current theories from different international experts in the field. This will hopefully stimulate more research initiatives, funding, and critical insight in the already increasing demand for alternate therapies that has been evidenced worldwide. Integrative Anatomy and Pathophysiology in Traditional Chinese Medicine Cardiology covers the structure, function, and pathology of the cardiovascular system from the TCM and western medical perspectives. It focuses specifically on western medicine anatomy and pathophysiology, along with TCM aspects of essence, qi, blood and body fluid concepts, production, and function to explain cardiovascular system dysfunction, its independent role and dependent interactions with the functions of other organ systems. This book is designed for US-based licensed TCM practitioners as well as cardiology researchers. Compares and contrasts the TCM basic theories and western medicine basic sciences Gives a specific connection between the heart dysfunction and the disease mechanisms of other organ systems using TCM and western medicine terms and diagnoses Prepares the practitioner to sit for the Niambi Wellness Integrative Anatomy and pathophysiology in cardiology final online exam This superbly illustrated A-Z guide to modern and traditional Indian herbal remedies brings together information from numerous authoritative sources in the form of a highly structured and well-written reference work. Entries for each medicinal plant describe classical Ayurvedic and Unani uses, compare modern findings and applications, together with their pharmacology and therapeutic principles in an evidence-based approach. Information sources include: German Commission E, US Pharmacopoeia/National Formulary, and the WHO. The resulting work highlights the potential of
Indian herbs for Western medicine by placing findings on a scientific platform. Over 200 full-colour photographs and 50 drawings illustrate the plants. Includes ayurvedic herbal drugs More than 150 general and more than 500 plant species are covered Easy-to-use and highly structured entries Detailed information on traditional use and modern evidence-based medical application

This report is structured in five parts: national framework for traditional and complementary medicine (T&CM); product regulation; practices and practitioners; the challenges faced by countries; and, finally, the country profiles. Apart from the section on practices and practitioners, the report is consistent with the format of the report of the first global survey in order to provide a useful comparison. The section on practices and practitioners, which covers providers, education and health insurance, is a new section incorporated to reflect the emerging trends in T&CM and to gather new information regarding these topics at a national level. All new information received has been incorporated into individual country profiles and data graphs. The report captures the three phases of progress made by Member States; that is, before and after the first WHO Traditional Medicine Strategy (1999-2005), from the first global survey to the second global survey (2005-2012) and from the second survey to the most recent timeline (2012-2018)

A comprehensive overview of Ayurveda.

Why has the history of Western herbal medicine received such little research coverage in any systematic and authoritative way, even though it has figured large in both lay and learned healthcare of the past? What methods and sources are most appropriate for the study of medicinal herbs and herbal practices of the past? This collection provides historians with a coherent guide to a variety of sources in relation to medicinal plants that they have thus far lacked. Critical Approaches to the History of Western Herbal Medicine encourages a serious re-assessment of research in the history of herbal medicine and provides examples of appropriate methodologies and critical examinations of relevant sources. In this innovative collection, historians and researchers from a range of disciplines come together to share material on the identification and use of medicinal plants, the activities of people involved with herbal medicine and the investigation of past herbal therapeutic beliefs and practice. Classical and medieval scholars, social and literary historians, archaeologists and ethnobotanists all contribute to this exploration of the history of Western herbal medicine.

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