Academic Achievements And Study Habits Of College Students

We experience here feeling of joy while presenting first issue of 2016. We thank you again researchers who have presented their articles in this issue. This Issue (Volume 3, Issue 2, No.6) Published, March, 2016

Wissenschaftliche Studie aus dem Jahr 2020 im Fachbereich Didaktik - Englisch - Pädagogik, Sprachwissenschaft, , Sprache: Deutsch, Abstract: The purpose of this research is to highlight the contribution of study skills to academic competence. It investigates the actual denominators resulting in student’s academic failure and addresses the issue of students’ non-strategic ways of dealing with academic content. It also identifies scientific evidence-based strategies that are effective in helping students improve their study skills. Over 100 students completed a questionnaire to determine how study skills affect the students’ academic achievements. In this respect, effective evidence-based strategies were grouped into taking notes, planning and organization, focus and concentration, and memory hacks. The research is composed of four chapters, whose general aim is to investigate the contribution of study skills to academic competence. The first chapter reviews the existing literature on study skills research and experiments, as well as the major findings in the field of study skills. The second chapter introduces the methodological procedures and research designs that were utilized to elicit data. The third chapter demonstrates the results of the study along with a critical analysis of the variables involved. As for the fourth chapter, a discussion takes place elucidating different perceptions of the study’s findings and implications. Finally, a conclusion of the study is drawn, and references are cited in
Academic competence is associated with the knowledge and application of effective study skills. Capable students at all grade levels may experience difficulty in school, not because they lack ability, but because they lack good study skills. Although some students develop study skills independently, even normally achieving students may go through school without having acquired effective approaches for studying. Implementing study-skills instruction relies on an understanding of the theoretical foundation for teaching and using study skills, as well as knowledge of current research on the effectiveness of study strategies. The purpose of this article is to articulate a theoretical perspective on the contribution of study skills to academic competence, and to identify evidence-based strategies that are effective in helping students study.


The study investigated the effects of study habit on the academic performance of students' using some selected senior secondary schools in Ijebu-Ode Local Government area of Ogun State, Nigeria as a case study. Two hundred (200) students were randomly selected from five senior secondary schools in the area. The instrument utilized for the study was a questionnaire named "Study Habit and Study Attitude Scale"(SHSAS). Four hypotheses were tested and the result showed that family background, peer group pressure, personality type of the student and the school environment all affects the reading habit of students in secondary schools. Data was analyzed using simple percentage. Based on the findings, it is suggested that similar research with relevant research methodology should be used in carrying out research in other states of the federation to
ascertain the degree of conformity which this research have on the study habit of all senior secondary school students in Nigeria.

How to Be a Successful Student is a clear, concise, evidence-based guide to the habits that are scientifically proven to help people learn. Acclaimed educational psychologist Richard Mayer distils cutting edge research to focus on the 20 best study habits for college students, including habits for motivating yourself to learn, managing your learning environment, and effectively applying learning strategies. This accessible, practical book covers all three areas with evidence-based, approachable suggestions to help you become a successful student by developing effective study habits and rejecting ineffective ones.

Study Skills for Success presents basic study strategies and academic skills that students need to excel in their last years of high school or in college. This textbook was written for students whose schoolwork has not given them enough practice in applying these basic study skills so they can perform well in academic settings. Major topics covered in the book include: * Organizing Information (alphabetizing, outlining, reading timelines, taking notes) * Reading and Interpreting Illustrated Information (maps, graphs, charts, tables) * Skills for Better Reading (skimming and scanning, vocabulary strategies, determining the main idea) * Research Strategies (avoiding plagiarism, using the Internet) A list of the many skills taught is provided in the front of the book. Study Skills for Success emphasizes skill building through practice, as the lessons on each topic contain a plethora of tips and several exercises. A review lesson caps the end of each section of the textbook, and the final lesson of the book reviews the major skills taught. Appendixes include various abbreviations and conversion tables.
Study skills have long been the primary means by which school learning takes place outside the classroom through homework, assignments, and independent study on special projects and guided study under the supervision of a teacher or counselor. The students organize materials, drills, and exercises in order to master specific skills and formulate ideas in a way that can be evaluated by the teacher. The main intention of the study is to find the relation of study habits of Intermediate students with Gender, Management, Year of study, Locality, academic achievement, Caste, Age, Annual income, Father's education, Father's occupation, Mother's education, Mother's occupation, Type of family, Residence, Size of the family, Group of study. In this study different types of statistical techniques are used - Frequency Distribution Characteristics, Critical Ratio and One Way ANOVA. The present book is aimed to identify the influence of study habits with socio-demographic variables of Intermediate students. Data was collected from 320 Intermediate students in Chittoor district. The book is prepared to know the study habits of Intermediate students. Emotional, physical and social well-being describe human health from birth. Good health goes hand in hand with the ability to handle stress for the future. However, biological factors such as diet, life experiences such as drug abuse, bullying, burnout and social factors such as family and community
support at the school stage tend to mold health problems, affecting academic achievements. This book is a compilation of current scientific information about the challenges that students, families and teachers face regarding health and academic achievements. Contributions also relate to how physical activity, psychosocial support and other interventions can be made to understand resilience and vulnerability to school desertion. This book will be of interest to readers from broad professional fields, non-specialist readers, and those involved in education policy.


Study habits are defined as those techniques, such as summarizing, note taking, outlining or locating material which learners employ to assist themselves in the efficient learning of the material at hand. The term “Study Habit” implies a sort of more or less permanent method of studying. According to Good’s dictionary of education, “Study habit is the tendency of pupil to study when the opportunities are given, the pupil’s way of studying whether systematic or unsystematic, efficient or inefficient.” Study-habits are the essence of a dynamic personality. A proper study habits enables an individual to reap a good harvest in future. The present society is a competitive society, where the principle of struggle
for existence and survival for fittest exists. Pen has become mightier than sword. Study-habit is a process from which an individual gets proper input to feed his hunger and to quench his thrust for knowledge. The study habits thus are of great assistance to actualize the potentialities of the individual. Good study habits lead to good academic record and bad study-habits lead to poor academic record as there is direct relationship between study habits and academic achievement.

There have been a countless new developments in the field of education. It is a fact that in recent years Education has emerged as a professional subject knowledge of which is essential for an effective instruction. The utility of the book is further enhanced by the provision of summary and references and appendices. Not only this the logistic and lucid presentation of the book will foster critical thinking and creative imagination in dealing with the students. It is hoped that this book will enable the teachers to perceive classroom situations with a deeper insight and also increase his/her professional competence. They can focus on the shortcomings of the students so that they can be tackled well in time and can groom and excel in all fields of life.

Education is the process of developing the capacities and potentials of the individual so as to prepare that individual to be successful in a specific society or culture. From this perspective, education
is serving primarily as an individual development function. Education begins at birth and continues throughout life. It is constant and ongoing. Schooling generally begins some where between the ages four and six when children are gathered together for the purposes of specific guidance related to skills and competencies that society deems important. In the past, once the formal primary and secondary schooling was completed the process was finished. However, in today’s information age, adults are quite often learning in informal setting throughout their working lives and even into retirement.

Undisputedly, education holds the master key as a criterion for selection in various walks of life. In spite of the facts that schools impart uniform classroom instructions to all students, wide range of difference is observed in their academic achievement. Failure in examinations has not only adversely affected academic process but also personal adjustment. The thrust of this book was to make an honest attempt to set forth some of the prime factors influencing the academic achievement, namely socio-economic status and study habits. Results of this work have very important implications to the educational system. It is anticipated that some of the findings of the present book will help to improve the academic achievement of the students in various institutions.

Relationship: Refers to how change in one variable result to change in another. Socio-economic status: it is a combined total measure of a person's work experience and of an individual's or family's economic and social position relative to others, based on income, education and
occupation. Study habits: it is a student's way of studying subjects taught in school. Academic achievement: This refers to the student test scores.

Many students do badly academically, due to factors other than low intellectual capacity. One of such factor is poor study habits, which often result in poor academic performance even among the naturally bright students. Habits are true indicators of individuality in a person. So study habits are the behavior of an individual related to studies. The pattern of behavior adopted by students in the pursuit of their studies is considered under the caption of their study habits which in turn reveal their personality. Learner's learning character is characterized by his study habits that serve as the vehicle of learning. Some students study more but they fail to achieve more. Others study less but achieve more. Success of each student definitely depends upon ability, intelligence and effort of students. No doubt, regular study habits bring their own rewards in the sense of achievement of success. The study habit adopted by students can either be poor and ineffective or well planned and effective. It is from this background that this study looked at study habit as predictor of students' performance in senior secondary school financial accounting.

Bachelor Thesis from the year 2019 in the subject Mathematics - Miscellaneous, grade: 4.02, University of Lagos, course: Mathematics and Education, language: English, abstract: The study examined study habits and academic performance of senior secondary school students in Mathematics. The main purpose of the study was to investigate the relationship between study habits and academic performance of senior secondary school students in Mathematics. To carry out this study, four research questions and one null hypothesis were raised to guide the study. The population of 1128 Senior Secondary School Two (SS2) students with a sample size of 200 respondents was
selected from 5 public secondary schools for the study using simple random sampling technique. A structured questionnaire was used to gather data for the study, which consists of two sections (A and B), section A consist of 20 items while section B, consist of 30 achievement tests on mathematics. The reliability coefficient of 0.72 was obtained using Split Half Method. Data collected was analyzed using simple frequency counts, percentages and Pearson Product Moment Correlation Co-efficient (PPMC) and the hypothesis was tested at 0.05 level of significance using One-Way Analysis of Variance (ANOVA). However, the results revealed that there is significant relationship between study habits and academic performance of senior secondary school students in mathematics. Based on the result of the findings, it was recommended that group guidance should be organized in schools by professional counsellors in order to create awareness on how students can develop effective study habits which could lead to good academic performance in mathematics and a functional school library should be mounted in all the secondary schools.


"Contains material adapted from The everything guide to study skills, by Cynthia Clumeck Muchnick"--T.p. verso. The purpose of study was to investigate whether the Study Habits and Attitudes of low and high achievers as measured
by questionnaire are related to academic performance of students. A Study Habits (Delay Avoidance, Work Method), and Attitude (Attitude towards Teacher and Attitude towards Education) questionnaire was used to collect data. The study concluded that the scores of students on categories Delay Avoidance, Work Method, Attitude towards Teacher and Attitude towards Education were significantly related with academic performance of students. A notable feature was that the girls had better study habits and more positive Study Attitude than boys and their academic performance was also better than boys. Similarly rural students had better Study Habits and more positive Study Attitude than urban students and their academic performance was also better than urban students.

This is the only introductory statistics text written specifically for health science students. Assuming no prerequisites other than high school algebra, the authors provide numerous examples from health settings, a wealth of helpful learning aids, as well as hundreds of exercises to help students succeed in the course.

The last few years have seen a growth in the number of psychology courses which are being offered as single subject or combined studies options in universities, polytechnics and colleges of higher education. More recently, there has been a marked increase in the number of students in schools and colleges of further education taking 'A' level, 'O' level and 'Ala' level psychology examinations. Psychology, too, features much more prominently in professional training schemes, and it is now quite common to encounter the subject in courses for police officers, clergy, teachers, nurses and other paramedical and caring professions. In the past,
students had to rely extensively on a diet of psychology texts published in the USA, supplemented by a few modest British contributions, and by a number of specialist books written by scholars reflecting their particular interests. Nowadays, it is possible to point to a significantly larger number of British texts and monographs which deal with major issues in psychology, and a number of general textbooks have been written especially for school and college students preparing for GeE examinations.

Underachievement continues to be a concern for teachers, planners and administrators throughout most states in India. Most students have the desire to be successful in school; yet many do not know how (Heacox, 1991). Moreover, among children, many fail to reach the academic level of which they are capable and quite often their school performance is constantly lower than that of their ability peers (Terman and Oden, 1947; Burt, 1962; Pringle, 1970; Whitemore, 1980; Gallagher, 1985). Underachievement appears to be a common phenomenon in the India's educational system. This monograph analyses and describes successful educational actions with a specific focus on vulnerable groups (i.e. youth, migrants, cultural groups e.g. Roma, women, and people with disabilities). Concrete data that shows success in school performance in subject matters such as math or language will be provided, as well as children, teachers and families accounts of the impact of this success. Alongside, there is an analysis of the relationship between these children’s educational performance with their inclusion or exclusion from
different areas of society (i.e. housing, health, employment, and social and political participation). Many studies have already diagnosed and described the causes of educational and social exclusion of these vulnerable groups. This monograph, however, provides solutions, that is, actions for success identified through the INCLUD-ED project, thus providing both, contrasted data and solid theoretical background and development. Some examples of these actions are interactive groups (or heterogeneous grouping in the classroom with reorganisation of human resources), extension of the learning time, homework clubs, tutored libraries, family and community educative participation, family education, or dialogic literary gatherings. All these actions have been defined as successful educational actions, which mean that they lead to both efficiency and equity. Finally, recommendations for policy and practice are included and discussed.

Study Habits Of Secondary School Students

This hands-on book introduces students to the demands of university study in a clear and accessible way and helps them to understand what is expected of them. It helps students to develop the core skills they need to succeed at university, and gives guidance on the key forms of academic writing, including essays, reports, reflective assignments and exam papers. It shows students how to recognise opinions, positions and bias in academic texts from a range of genres, develop their own 'voice' and refer to others' ideas in an appropriate way. It also features authentic examples of academic
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texts and engaging activities throughout to aid understanding. Packed with practical guidance and self-study activities, this book will be an essential resource for all students new to university-level study.

The present book is aimed to identify the influence of certain psycho-sociological factors on scholastic achievement of B.Ed. students. The relevant data from 585 B.Ed. students were collected. It is just fitness of things to state that this book is prepared to meet the requirements of pre-service teachers and teacher educators. Contents: Introduction, Review of Related Literature, The Present Study, Methods of Investigation, Analysis and Interpretation of the Data, Summary, Findings, Conclusions, Recommendations and Suggestions.

This dissertation, "Effectiveness of a Study Skills Programme in Relation to Study Habits and Attitudes and Academic Achievement for Students in a Secondaryschool in Hong Kong" by Li-su, Chow Zee, ???, was obtained from The University of Hong Kong (Pokfulam, Hong Kong) and is being sold pursuant to Creative Commons: Attribution 3.0 Hong Kong License. The content of this dissertation has not been altered in any way. We have altered the formatting in order to facilitate the ease of printing and reading of the dissertation. All rights not granted by the above license are retained by the author. DOI: 10.5353/th_b3195495 Subjects: Study skills - China - Hong Kong Academic achievement - China - Hong
Kong High school students - China - Hong Kong - Attitudes Study skills Academic achievement Secondary school students - Attitudes

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